



CALIFORNIA INTERSCHOLASTIC FEDERATION STATE MEDIA RELEASE

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CIF Statement Regarding 2020 Fall Sports and Return to Physical Activity/Training

SACRAMENTO, CALIF. – The California Interscholastic Federation (CIF) believes education-based athletics and all co-curricular activities are essential to the physical, mental, and social well-being of students and realizes the impact and challenges that COVID-19 has caused for our member schools and education-based athletics. We continue to monitor the directives and guidelines released from the Governor's Office, the California Department of Education and State/Local County Health Departments and Agencies as these directives and guidelines are followed by our member schools/school districts when they are planning when and how to reopen school this Fall. As our member schools begin planning for the reopening of school, the CIF, in collaboration with our 10 Sections, will be determining by July 20 if Fall Sports will continue as currently scheduled. The CIF is prepared to offer alternative calendars if it is determined by July 20 that Fall sports may not start as scheduled due to ongoing public health and safety concerns.

In anticipation of our student-athletes return to physical activity, the CIF is providing several resources to assist our member schools and student-athletes while recognizing our obligation to the health and safety of all involved. These new resources outlined generally below are located on the CIF State website (www.cifstate.org):

- [CIF Return to Physical Activity/Training Guidelines](#)
This document is intended to provide guidance for CIF member schools to consider with their stakeholders in designing return-to-activity protocols in accordance with state and county restrictions. It allows for a coordinated reopening following the initial stay at home orders and may also be used if conditions dictate the need for increased restrictions in the future.
- [Physical Examination Waiver](#)
In order to address the impact that the COVID-19 virus and school closures have had on students, and in recognition that families may experience delays in obtaining appointments for their student for a Preparticipation Physical Examination, governing boards of school districts and private schools may elect to provide a one-time, temporary waiver of Bylaw 503.G. This waiver will allow the student-athlete to participate in athletics for a maximum of thirty (30) calendar days from their school's first day of practice in that sport. This waiver only applies to CIF sanctioned Fall 2020 sports.
- [Financial Hardship Waiver](#)
Due to the impact of the COVID-19 virus, and the resulting financial impact on many families, a waiver of Bylaw 207 may be granted for a student who transfers to a new school during the first semester of the 2020-2021 school year when there is a demonstrated and verifiable hardship condition due to financial difficulties.

As we look to the upcoming 2020-2021 school year and sports seasons, our main priority remains everyone's ongoing health and safety during this challenging time.